



“When I was diagnosed with cancer, having my exposure reports made all the difference in getting my medical care covered.”

Alex Mengell
Firefighter, Alameda Co. Fire Department



“Our members are aware of the hazards of their profession. While we continue to lobby for presumption law legislation that protects our members against occupational diseases, this program will allow them to track and record each and every exposure on a secured website.”

Dominick Marino
President, Professional Firefighters Association of New Jersey



“PER is secure, comprehensive and inexpensive. Whether it’s for medical information or to document a worker’s comp claim, PER is your best defense.”

Lou Paulson
President, California Professional Firefighters



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Personal Exposure Reporting
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IT'S A DANGEROUS JOB
**PROTECT
YOURSELF**



**PERSONAL
EXPOSURE
REPORTING**

PERSONAL EXPOSURE REPORTING ... YOUR BEST PROTECTION!

When you're on a call, there are the dangers you see ... and the ones you don't.

Every day, firefighters are at risk of exposure to hundreds of invisible toxins: cancer-causing chemicals, biological toxins, infectious diseases.

For more than 30 years, firefighters have been documenting these silent hazards of the job through Personal Exposure Reporting (PER).

WHY REPORT EXPOSURES?

Whether it's a toxic release in a house fire or a needle stick on a medic call, firefighters are exposed to dangerous toxins that can shorten their lives and their careers.

When the time comes to claim the Workers' Compensation and disability benefits they're entitled to, the system says "Prove it."

Personal Exposure Reporting gives you that proof: a complete and secure record of exposures, whether from a single incident or recurring over decades.

If you do get sick, exposure reporting can also give your treating physician valuable insight needed to give you expert care.

PERSONAL EXPOSURE REPORTING

JOHN SMITH LOGOUT

Add an Exposure to Report

HOME EXPOSURE INCIDENTS RECURRING EXPOSURES SETTINGS HELP

1 Describe Incident

2 List Exposures

3 Record Symptoms

4 Medical Diagnosis

5 Additional Information

Here is where exposures for each incident are listed. If there is more than one unique exposures at an incident, each must be entered separately.
At least one exposure must be recorded for the report to be complete.
Use the buttons above or click NEXT to enter medical effects and additional information.

Fire

General Type	Smoke Conditions	Smoke Colors	Exposure Duration	Edit
Residential Fire	Heavy	Black, Grey, Purple	45 Minutes	Edit
Industrial Fire	Moderate	Black, Brown	2 Hours	Edit

Add

Medical

Name	Route	Description	Edit
Blood, Needle Stick	Skin	needle stick deposited blood on skin and underneath.	Edit

Add

BY FIREFIGHTERS ... FOR FIREFIGHTERS

Personal Exposure Reporting offers an easy, secure and comprehensive method of recording your exposure to cancer-causing chemicals and biological toxins.

Using the confidential PER system on your computer, tablet or smartphone, you can keep a private record of:

- ✓ **Date and time of each incident**
- ✓ **Duration of exposure**
- ✓ **Fire, medical and HazMat exposures**
- ✓ **Medical symptoms and diagnosis**
- ✓ **Who else was on the call**

Best of all, *the record belongs to you* ... not your employer. You create your own name and password and the information is encrypted for your protection.

PROTECT YOUR FAMILY ... SIGN UP TODAY

Job-related illness is the silent risk factor for every firefighter. Our members need to protect their rights and those of their families.

Reporting is fast, easy, complete and inexpensive: your best line of defense when a claim is challenged, with information that can help save your life.

PER from the Professional Firefighters Association of New Jersey

As a member in good standing of PFANJ, your \$12 annual subscription to the PER is completely reimbursable. Simply print your payment receipt and mail to Professional Firefighters of New Jersey (PFANJ), 24 West Lafayette Street, Trenton, NJ 08608 or email it to (pfanj@aol.com) for your full reimbursement (see the PER website for details.) Your online subscription buys unlimited online access to document your exposures. Submit new reports when it's convenient for you ... anytime, day or night. And the records you enter are available to you.

Find out more: www.peronline.org.